

NOTE: These minutes from the September 1, 2026, Benefits Committee meeting were approved at the October 6, 2026, committee meeting.

**Benefits Committee
Board of Trustees
September 1, 2026**

Public Minutes

**New Hampshire Retirement System
80 Commercial Street
Concord, NH 03301**

As the Committee members were participating electronically pursuant to RSA 100-A:14-a, all votes were by roll call pursuant to RSA 91-A.

Committee Members participating: Jon Frederick (Chair), Andrew Martineau, Leah McKenna, and Charles Nickerson.

Committee Members Absent: Don Roy

Staff present: Jan Goodwin, Executive Director; Annie Gregori, Chief Legal Counsel; Nancy Miller, Director of Member Services; and Diana Crichton, Associate Counsel and Compliance Officer.

Having established a quorum, Chair Frederick called the meeting to order at 12:02 p.m. On a motion by Trustee Martineau, seconded by Trustee McKenna, the Committee voted, with Chair Frederick abstaining, to approve the minutes of the August 4, 2026, Committee meeting.

The Committee then considered the six disability retirement applications and the one accidental death benefit on the Consent Agenda. On a motion by Trustee McKenna, seconded by Trustee Nickerson, the Committee voted unanimously to approve the Consent Agenda as presented.

The Committee next heard a report from Associate Counsel Crichton regarding the three physicians who have provided independent medical examinations (IME) for NHRS. Consistent with the IME Review Process, it was confirmed that the physicians' licenses were all in good standing; and no complaints had been filed, nor were there any pending board actions. A copy of each physician's curriculum vitae was provided to the Committee members and will be provided to all Trustees as part of the October Board meeting materials.

The Committee next conducted its annual review of the Benefits Committee Charter. Staff did not have any recommended changes, and none of the Committee members raised any.

Following a motion to approve made by Trustee McKenna, seconded by Trustee Martineau, the Committee discussed a settlement offer Staff was proposing to address an issue raised by retired member, K.M. The Committee had a robust discussion regarding the reasons for and the details of the settlement offer. The Committee also raised questions about the potential for K.M. asking for additional service credit, and whether K.M. would be amiable to the settlement offer. After all questions were addressed, the Committee voted unanimously to approve the settlement offer.

With no further business to discuss, Trustee Nickerson made a motion to adjourn the meeting, which was seconded by Trustee Martineau. The Committee voted unanimously to adjourn at 12:20 p.m.

Respectfully submitted,

Annie Gregori
Chief Legal Counsel