



NHRS Member Annual Statements are available online via *My Account*, the retirement system's secure online portal. Below are answers to some common questions concerning Member Annual Statements.

What is a Member Annual Statement?

Every year, NHRS provides all members who are not yet retired with a one-page statement regarding their member account, including service, wage, contribution, and beneficiary information.

How do I view my Member Annual Statement online?

Members are able to view, print, and download their annual statement through *My Account*. Previous Member Annual Statements going back to 2009 are also available to review and download. To view a statement, log onto *My Account*, click on Member Statement and select the appropriate year you want to review.

What if I don't have a *My Account*?

It's easy to register for *My Account*.

- Go to www.nhrs.org/my-account
- Click on the "Click here to sign up for My Account" link to open the registration page and fill in the required information. Instructions are available under the "Help" link at the bottom left of the page.

When are Member Annual Statements available?

Statements are typically available in early fall. NHRS will post a notice online when statements are available and also notify subscribers to our NHRS Email Updates list (<http://www.nhrs.org/sign-up>).

Do retirees receive this statement?

No. Member Annual Statements are sent to active members, as well as inactive members who have kept their contributions with the retirement system.

I am having trouble understanding some of the information on my statement?

NHRS has prepared an informational graphic to assist members. The graphic can be found on the NHRS website at: http://www.nhrs.org/docs/default-source/statements/member_statement_insert_2015-2.pdf

NHRS previously mailed out these statements. What if I want to continue receiving my Member Annual Statement in the mail?

NHRS changed the default delivery option to online in 2015 as part of the retirement system's ongoing efforts to conserve environmental resources and reduce administrative and mailing costs. However, members may still request a paper statement by changing their preference to mail delivery. The NHRS Annual Statement Delivery Preference Form can be downloaded at <http://www.nhrs.org/members/plan-details/member-statements> or call (603) 410-3683 to request a form be mailed to you.

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